

What is the Climate Crisis?

The Climate Crisis is the result of 'greenhouse gases', chiefly CO₂, building up in the atmosphere. CO₂ is produced when we burn fossil fuels - oil, coal, or gas. Another powerful greenhouse gas, methane, is produced by the rearing of livestock, particularly cattle.

This is causing more frequent, and more dangerous, weather events such as:

- Flooding
- Heatwaves
- Forest Fires
- Rising sea levels
- Hurricanes
- Droughts
- Loss of animal & plant species

The result is an inhospitable world. If we continue in this way, large areas of the world will be uninhabitable. On the bright side, there is something we can do if we act together.



Who are Brent Friends of the Earth?

We are part of an international campaign dedicated to protecting the natural world and the wellbeing of everyone in it. We push for solutions to the environmental problems facing us all.

The climate crisis affects everyone. We work to combat it locally, nationally and internationally in order to protect and improve the quality of life everywhere.

If you would like to help; whether it is through your time or money, please visit our site with the QR code below. Or go to the national Friends of the Earth website.

www.brentfoe.com



Friends of the Earth
Brent
A Climate Action Group



THE CLIMATE CRISIS

What can you do?



What Can I Do?

Government



Governments have the most power to bring about major changes. Friends of the Earth is pushing our government to keep its promises and do the best for the environment.

You can contact your MP and Councillors (<https://www.writetothem.com/>). Vote for parties that will deliver on climate action. Join demonstrations and sign petitions.

Food



Globally, agriculture, forestry, and other land use produce 18% of CO2 emissions. A lot of these emissions are from livestock.

Meat & dairy production is a very inefficient use of the land. In order to feed everybody it is crucial that we eat a mostly plant-based diet.

Chat with Friends

Tell them what you're doing and why. What our friends do influences us.

Conscious Shopping

The production of the goods we buy uses a lot of energy, releasing CO2 into the atmosphere.

Reuse, repair or recycle when you can. Try to reduce the amount you buy. You could research the companies you buy from (goodonyou.eco, ethicalconsumer.org). Look at buying secondhand goods, Fairtrade, or from B-corporations.

Heat & Energy



In Brent, poorly insulated homes mean that 43% of CO2 emissions come from housing.

Look for better insulation for your home (grants may be available for those on low incomes). If you can, switch to a greener energy tariff avoiding fossil fuels.

Transport



Transport is responsible for 22% of UK CO2 emissions. The worst contributors are planes and cars.

You could use public transport, walk or cycle where possible, and fly very little.

Support Us



Whether it's by giving time or money, Brent Friends of the Earth could use your support.

for more ideas look at :
www.count-us-in.com

